



CANSKATE - GENERAL INFORMATION 2013/14

Helmets: Mandatory (CSA Approved Hockey Helmets with face maskOnly)

Skates: Hockey or Figure skates but proper fit is essential. The skater should be able to wiggle their toes and there should be room for a pencil only to be inserted down the back of the skate. If skates are too big there is no support or control. **Molded** skates are not recommended (cold and do not allow much movement).

Clothing: Mittens or gloves; Comfortable pants are preferable to snow pants. **NO** scarves please. Hats under helmets(hats probably not needed with CSA hockey helmets they are quite warm) (Potential for staining clothes, permanent markers are used on the ice.)

Head Coach: Annette Hiltz. If you need to speak with Annette please feel free to do so after Canskate but not while she is on the ice.

Badges and Ribbons will be awarded throughout the year as the skater successfully performs the various skills and demonstrated a readiness to move to the next level. The focus should be on enjoyment and development of good skating skills. Please encourage your child to keep trying; some times there will be moments of frustration. A progress report will be given in December and March.

Storm Days: Canskate **will not be** automatically cancelled due to storm days unless the arena is closed. In this event, we will broadcast the closure on the local radio station.

FUNDRAISING: Every child registered in Canskate is charged for \$20 for tickets from Sport Nova Scotia. The money from the selling of the tickets remains with the skaters. Skaters will also be required to participate in a skate-a -thon with a min. of \$20 in pledges

REFUND POLICY

Refunds will be issued within the first two weeks without a medical excuse from an MD. After that, a medical excuse will be required. Refunds will be pro-rated and after the first four weeks there is a \$25.00 administration fee. The \$33.00 Skate Canada fee is non-refundable.

Parental Responsibility: We require parents or designated guardians, stay to watch their child, not only for safety reasons, but also to celebrate your child's progress with them. If you are not able to stay you should make arrangements for someone else to be responsible for your child. The coaches cannot leave the ice to take skaters to the bathroom or to tie skates. Parents are not permitted on the ice surface.

COST - 20 week session: \$205.00+\$33.00+\$20.00 = \$258.00 (The \$33.00 Skate Canada fee is a one time fee/year. (Sept 1-Aug 31) Includes: ice time and coaching by a Skate Canada Professional Coach and trained program assistants.

Cheques can be post dated for the following dates: Oct 15 (\$155.); and Jan 20/14 (\$103.). Cheques are made payable to: Truro Figure Skating Club. NSF charges apply @ \$25/cheque.

Dates: Thursdays

Oct; 17,24	Jan; 19,16,23,30
Nov; 7,14,21,28	Feb; 6,13,20,27
Dec; 5,12,19	Mar; 6,20,27

Time: 530-620 pm

**Carnival.
 March 30th, 2014**

For further information please contact: Cindy at cindy.langille@hotmail.com or phone 351-2045



Skate
Truro Figure Skating Club
Skate Canada Member