



**Skate**  
**Truro Figure Skating Club**  
 Skate Canada Member



SKATECANADA

**SKATING SKILLS- GENERAL INFORMATION 2012-13**  
 FOR HOCKEY, RINGETTE OR PLEASURE SKATING

The Skating Skills program is best suited for skaters ages 8 up to 14 years of age who can skate forwards without the use of the boards. It focuses on balance, power agility, speed and endurance skills important in hockey and ringette. Class Space is limited.

**Skaters must wear a CSA approved hockey helmet, hockey skates and knee pads. Full gear allowed but not necessary.**

**Skates: Hockey Skates** The skater should be able to wiggle their toes and there should be room for a pencil to be inserted down the bake of the skate.

**Head Coach:** Annette Hiltz. If you need to speak with Annette please feel free to do so after skating but not while she is on the ice.

**Storm Days:** Skating **will not be** automatically cancelled due to school storm days unless the arena is closed. In this event, we will broadcast the closure on the local radio station.

**FUNDRAISING:** Every child registered in Canskate is charged for \$20 for tickets from Sport Nova Scotia. The money from the selling of the tickets remains with the skaters. Skaters will also be required to participate in a skate-a -thon with a min. of \$20 in pledges

**REFUND POLICY**

Refunds will be issued within the first two weeks without a medical excuse from an MD. After that, a Medical excuse will be required. Refunds will be pro-rated and there is a \$25.00 administration fee. The \$33.00 Skate Canada/Nova Scotia fee is non-refundable.

**COST - 21 week session:** **\$305.00+\$33.00 +\$20 (ticket fundraiser)= \$358.00 (The \$33.00 Skate Canada fee is a one time fee/year. (Sept 1-Aug 31)** Includes: ice time and coaching by a Skate Canada Professional Coach and trained program assistants.

**Cheques can be post dated for the following dates: Oct 14<sup>th</sup> (\$163); Nov 14<sup>th</sup> (\$100); and Jan 15/14 (\$95). Cheques are made payable to : Truro Figure Skating Club. NSF charges apply @ \$25/cheque.**

**Dates: Wednesdays:** Oct. 16,23,30. Nov. 6,13,20,27. Dec.4,11,18. Jan.8,15,22,29. Feb.5,12,19,26. Mar. 5,19,26

**Time: 6:00 – 6:50pm**  
**Carnival**  
**March 30<sup>th</sup>, 2014**

For further information please call: Cindy at [cindy.langille@hotmail.com](mailto:cindy.langille@hotmail.com) Phone: 351-2045

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